

## ZINC

Serving size: 1 tablet

120 Servings per container

Amount per serving		% Daily value*
Zinc (zinc citrate and zinc sulfate)	30mg	200%

\*Percent Daily Values are based on a 2,000 calorie diet.

Directions: As a dietary supplement, take one tablet daily.

Other ingredients: Dicalcium phosphate, cellulose, croscarmellose sodium, stearic acid, and magnesium stearate.