

AMINO GOLD FORMULA 1000mg TABLETS

Serving size: 3 Tablets

About 83 servings

Amount per serving:

		% Daily Value
Calories	12	
Protein	3 g	6%

Percent Daily Values are based on a 2000 calorie diet

TYPICAL AMINO ACID PROFILE

Each serving (3 tablets) contains:

ESSENTIAL AMINO ACIDS

L-Leucine	378 mg	L-Threonine	127 mg
L-Isoleucine	188 mg	L-Methionine	63 mg
L-Valine	148 mg	L-Phenylalanine	117 mg
L-Lysine	323 mg	L-Tryptophan	78 mg

NON-ESSENTIAL AMINO ACIDS

L-Arginine	56 mg	L-Glycine	58 mg
L-Aspartic Acid	313 mg	L-Histidine	63 mg
L-Cystine	107 mg	L-Proline	126 mg
L-Alanine	154 mg	L-Serine	119 mg
L-Glutamic Acid	498 mg	L-Tyrosine	84 mg

Directions: As a dietary supplement, take 9 tablets daily (3 tablets three times per day between meals).

Other Ingredients: Whey Protein Hydrolysate (Natural Enzymatic Digest), microcrystalline cellulose, stearic acid, croscarmellose sodium, magnesium stearate and silica.