

AMINO GOLD FORMULA 1500mg TABLETS

Serving size: 4 Tablets
Servings Per Container: 81

Amount per serving:

		% Daily Value*
Calories	25	
Protein	6 g	12%

*Percent Daily Values are based on a 2000 calorie diet

TYPICAL AMINO ACID PROFILE

Each serving (4 tablets) contains:

ESSENTIAL AMINO ACIDS

L-Leucine*	756 mg	L-Threonine	254 mg
L-Isoleucine*	376 mg	L-Methionine	126 mg
L-Valine*	296 mg	L-Phenylalanine	234 mg
L-Lysine	646 mg	L-Tryptophan	156 mg

NON-ESSENTIAL AMINO ACIDS

L-Arginine	112 mg	L-Glycine	116 mg
L-Aspartic Acid	626 mg	L-Histidine	126 mg
L-Cystine	214 mg	L-Proline	252 mg
L-Alanine	308 mg	L-Serine	238 mg
L-Glutamic Acid	996 mg	L-Tyrosine	168 mg

*Total Branched Chain Amino Acids (BCAAs)	1428 mg
Total Essential Amino Acids (EAAs)	2844 mg
Total Amino Acids	6000 mg

Ingredients: Whey Protein Hydrolysate (Natural Enzymatic Digest), Microcrystalline Cellulose, Croscarmellose Sodium, Dicalcium Phosphate, Stearic Acid, Silica and Soy Lecithin

Contains Milk and Soy

Directions: As a dietary supplement, take 12 tablets daily (4 tablets three times per day between meals). For maximum muscle growth, take one serving pre-workout and one serving post workout.